

2019 Region 061 Flagship

SEABAG LIST

BRING FULL BAG & Label All Possible Items With NAME & LAST 4 SSN#

NSSC/NLCC ID CARD	1
NSSC Seabag	1
NWU (blouse, pants, 8-point cover)	2
BDU (blouse, pants, 8-point cover) (Optional if you do not have 2 NWUs)	1
Navy Blue or Brown t-shirt for NWU/BDU (Same as PT shirt below)	2
Black Belt with Silver Tip and Buckle	1
Underwear	4
Black Boot Socks (pair)	3
Black Combat Boots (pair)	1
Blousing Straps (pair)	1
Canteen and Web Belt (or Camelbak) or sealable water bottle	1
PT Shirt (unit) Regulation	3
PT Shorts --Regulation	3
Athletic Shoes (Pair)	1
Athletic Socks (Pair)	3
Shower Shoes (Crocs or flip-flops)(Pair/Labeled)	1
Dopp Kit (Soap, Shampoo, Toothpaste, Toothbrush)	3 Days Worth
Deodorant, Q-tips, etc.	3 Days Worth
Small Package of Disposable Wipes	1
Medium Sized Towel	2
Small Wash Cloth	1
Sunglasses (Non Mirror) (Optional)	1
Males: Shave Kits (as applicable)	1
Females: appropriate undergarments, hygiene items, hair items	3 Days Worth
Non-aresol Sunscreen	1
Non-aresol Insect Repellent	1
Large Black Trash Bag (for poncho & Wet Items)	2
Sleeping Bag (With Strings or Carry Bag) Must be rolled neatly	1
Pillow (Optional)	1
Blanket (Optional) Single or Twin Size	1
Rain Poncho Can be purchased at Dollar store	1
Pocket Sized LED Flashlight or Headlamp with (Red Filter reccomended for Night Op)	1
Pocket Sized Notebook & Pen	1
Tactical Apparel (Optional) (NO MASKS ALLOWED) Face Paint Allowed	1
ALL GEAR TO BE INSIDE A UNIT/LAST NAME LABELED BAG	
Phone (Optional) (Unit Commander Holds) Senior Cadet Exceptions TBD	Unit Leader/CO
Medications (Ziploc Bagged and Labeled) (Unit Commander Holds)	Unit Leader/CO